WHAT TO DO IF YOU GET SICK

Don't panic

Seek medical attention

Call your provider in advance to inform them of your symptoms

Call Best Doctors Insurance at:

Tel. 305.269.2521
Toll free within the U.S. 866.902.7775
Free of charge from Brazil 0-800-878-4070
Free of charge from Mexico 800.253.3830
Free of charge from Trinidad & Tobago 888.826.9630
Free of charge from Venezuela 58.212.720.2102
BDservice@bestdoctorsinsurance.com

Tel. 593.4.400.8000
BDservice@bestdoctorsinsurance.com

PBX 502.2279.9989
bestdoctors@bam.com.gt

Tel. 855.667.4028 for general inquiries
Tel. 855.396.7188 for Precert, claims and reimbursement inquiries
Canada@bestdoctorsinsurance.com

For medical emergencies, please contact our Precert Team, available 24/7 at +1 305.269.2521 or precert@bestdoctorsinsurance.com.

WHAT TO DO IF YOU GET SICK

I feel sick → Could it be COVID-19? → I'll be cautious and stay home

I decide to go to a hospital or urgent care clinic

I stay home for 2 weeks relieving my symptoms

What if it is COVID-19?

What if it is not COVID-19?

If I have shortness of breath, cough and fever that doesn't get better with over-the-counter medication

I infected the taxi driver, the receptionist, the nurse, the doctor, other patients in the waiting room, etc.

I contract COVID-19 from a patient at the hospital or urgent care clinic

I seek immediate medical attention

The doctor tells me I'm stable and to only go back to the hospital or urgent care clinic if my symptoms get worse